



# Code of Conduct for Gymnasts

Wing Rhythmic Gymnastics Club is fully committed to safeguarding and promoting the well-being of our gymnasts. We believe it is important that gymnasts, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others.

## **A WRGC gymnast should:**

- Participate fairly, do their best and enjoy themselves.
- Respect Officials and accept their decisions gracefully.
- Respect fellow team members giving them support whether they do well or not so well.
- Respect opponents and be modest in victory and gracious in defeat.
- Improve and develop their skills.
- Set high standards of fair play for others to follow.
- Adhere to proper standards of behaviour that avoid bringing the club into disrepute.
- Approach the Designated Welfare Officer with any concerns or questions you may have.

## **A WRGC gymnast should not:**

- Cheat - always participate by the rules at training, competitions and/or events.
- Use abusive language.
- Shout at or argue with an Official.
- Spread rumours.
- Bullying or using bullying tactics to isolate/upset another young person.
- Tell lies about adults or other young people.
- Take banned substances.
- Harm team members, opponents or their property.
- Physical aggression will not be tolerated.
- Discriminate on race, gender, ability or any other basis.

### **A WRGC gymnast is entitled to:**

- Be safe and to feel safe.
- Be happy, have fun and experience a sense of enjoyment and fulfilment.
- Be treated with respect and dignity.
- Comment and make suggestions in a constructive manner.
- Be afforded appropriate confidentiality.
- Make a complaint appropriately and be listened to.
- Be believed.
- Experience competition at a level at which they feel comfortable yet challenged.
- Get help against bullies.
- Say No.
- Protect their own bodies.
- Be addressed with their preferred pronouns.

# **Disciplinary Procedures**

In addition, in the event of a complaint being upheld the following sanctions may be applied:

(a) Apology

(b) Reprimand

(c) Written warning

(d) Suspension from participation in an Event or in a team for a specified duration or number of Events

(e) Suspension from Membership/ Affiliation. (Where it is a parent/guardian who has received this sanction their gymnast(s) also receive this sanction)

(f) Expulsion from Membership/ Affiliation. (Where it is a parent/guardian who has received this sanction their gymnast(s) also receive this sanction)

Signed and approved by:

Head Coach



Children's Officer

